

# Preparing For Exams Summer 2025

Thursday 17th  
October  
Year 11  
Mychoice@16  
DDM



- Study Skills delivered by Anglia Ruskin University
- Employability Skills delivered by the Dept of Work & Pensions
- Apprenticeships – what are they delivered by AIM Apprenticeships
- University Life – delivered by Anglia Ruskin University
- Making Applications/MyChoice@16/Personal Statements – last in school time to complete these tasks. Applications have to be ready by the 8<sup>th</sup> December 2023 and will need to be completed at home if not today.

# Maths & English

- English and Maths pay
- They help you communicate with and understand the world around you
- It's good for your health
- You're more likely to get into higher and further education



## **This Evening:**

To do well at the end of Year 11, you need to get to the end – it's ok and normal to feel anxious!

What does it look like in core subjects?

Lessons learnt from Year 10 Mocks

Tips and Advice



# Managing Exam Anxiety

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A brief guide of how to get through in one piece

# What is Anxiety?



- Fear/unease/worry
- We have anxiety mostly about things we feel we cannot control
- Anxiety has a purpose - it is natural to experience it. It's normal to have anxiety before an exam. Anxiety is an important part of life. We're not going to get rid of anxiety, but we can learn manage it
- When we become anxious our body produces adrenaline and cortisol. These shut down other bodily functions to re-direct the energy to the muscles of the brain.
- Anxiety can lead to a physical response e.g. tummy ache and cramps, constipation/diarrhoea, feeling sick, dry mouth, sweaty palms, increased heart rate, trouble sleeping.
- But happy chemicals like endorphins and dopamine improve our memory and performance.
- Smile before we go in and eat a little bit of something sugary - that will help lessen those symptoms of anxiety
- Think positively – you can do this

# Key points about Anxiety

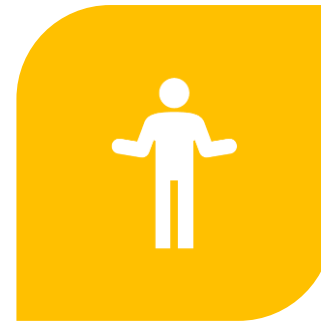
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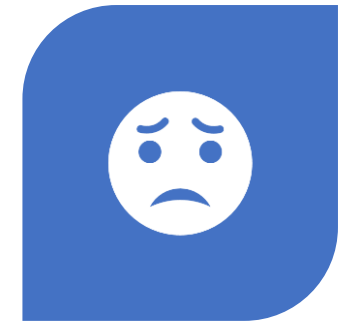
THE MORE WE CHALLENGE OURSELVES,  
THE BETTER OUR ABILITY TO MANAGE  
ANXIETY



AS ADULTS WE HAVE A LARGE PART TO  
PLAY IN MINIMISING STUDENTS'  
ANXIETY. WE MUST SET A POSITIVE,  
CALM EXAMPLE.



INCREASED CATASTROPHISING  
INCREASES ANXIETY.



WE CAN ALL PROVIDE STUDENTS WITH  
TECHNIQUES TO MANAGE ANXIETY.



# What we can do

- Acknowledge the anxiety and listen to the student's concerns, give them a chance to talk about it. They are learning to become adults.
- Use positive language and motivation – it's an exciting time with the opportunity to show and prove everything you know and your knowledge. Keep calm and avoid catastrophising
- Boost their self-esteem
- Discuss all post exam options – Keep things in perspective. If one path doesn't work, there are always other routes
- Give positive support – let your children know they are loved whatever the outcome – tell them, don't assume they know.
- Think about the messages you are sending; be positive, avoid comparisons with siblings, dilute pressure, be supportive.
- Encourage healthy life balances – students must work and must do some exercise, see their friends/social activities
- Wide range of revision styles and tips. Discuss revision with them and offer help.
- Keep several copies of their exam timetable in case they lose theirs. Put one on the fridge.
- Feed them. On exam day make sure they wake up on time and provide breakfast
- Get them to rest/go to bed in good time
- Keep interruptions to a minimum

# Strategies

## Practice these so they become the norm:

- **Breathing techniques:** Box breathing
- <https://www.youtube.com/watch?v=tEmt1Znux58>
- **Happy places:** Imagine a comfortable, happy space e.g., sun drenched beach, watching a favourite film, going on a long walk, eating cake. When you feel overwhelmed take yourself to that place.
- **Post It Note Parade:** Write down your worries on a note and put those in a jar
- <https://www.youtube.com/watch?v=DwhB1gFRrK>  
!
- **Seven tips to Managing Exam Anxiety**
- <https://www.youtube.com/watch?v=FyBdA61GmJ0>

# How to revise for English



# Exam Dates

Thursday 7th November: English Language Paper 1

Monday 11th November: English Literature Paper 1

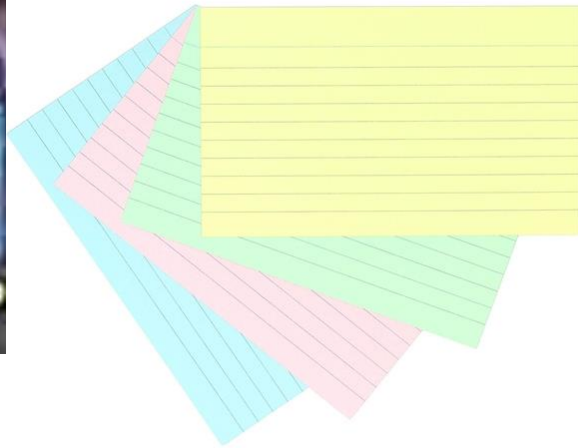
# Resources Available

- Before half term, all students will be given a Language paper and a Literature Paper. We highly recommend timed responses!
- All students will be given a Jekyll and Hyde quotation bank to support them in learning quotations. Students already have 'An Inspector Calls' key moment booklet.
- Homework is revision. Every week students need to show evidence of their revision by posting it on Teams. This can take different forms.

# Recommended resources



- Lightbulb revision guides for Jekyll and Hyde and Romeo and Juliet.
- Flashcards
- Past papers on the AQA and OCR website



- OCR: Literature
- AQA: Language

# Language

'You can't really revise for Language'



'You can just wing Language'



'There's nothing really at home I can be doing to prepare for the Language papers.'



# Ok...how can I revise for Language then?

## **1. Know the requirements of each question.**

There are 5 questions in each paper: 4 reading, 1 writing.

In order to give yourself the best chance of being successful, it is important you know the requirements of each question/you are aware of the mark scheme.

Language is very methodical and you can be quite formulaic – there are no surprises! Let me give you an example.



# Language 1, Question 2.

0 2

Look in detail at this extract, from **lines 9 to 15** of the source:

Mr Fisher remembered a time – surely, not so long ago – when books were golden, when imaginations soared, when the world was filled with stories which ran like gazelles and pounced like tigers and exploded like rockets, illuminating minds and hearts. He had seen it happen; had seen whole classes swept away in the fever. In those days, there were heroes; there were dragons and dinosaurs; there were space adventurers and soldiers of fortune and giant apes. In those days, thought Mr Fisher, we dreamed in colour, though films were in black and white, and good always triumphed in the end.

How does the writer use language here to convey Mr Fisher's views on books and stories of the past?

You could include the writer's choice of:

- words and phrases
- language features and techniques
- sentence forms.

[8 marks]

For Q2 of Language Paper 1, students will always be asked to explore how the writer has used language to shape meaning.

They will always be given a section of the text to look at.

- They will always be expected to pick the best quotations from the text.
- They will always be expected to use subject specific terminology
- They will always be expected to explore the effect (suggests/implies/creates a sense of)

# Ok...how can I revise for Language then?

## 2. Spend time considering the creative writing questions

Lang 1: write a description or a story

Lang 2: write a piece of viewpoint writing.

- Write skeleton plans so you have experience in knowing where your creative piece is heading.
- Find images online and use them as a creative writing stimulus.
- Take advantages of the structures you have been provided with in lessons.
- Know the mark scheme. The mark scheme is divided into two sections: content and organisation and technical accuracy.

# Ok...how can I revise for Language then?

## 3. Complete practice papers

Now you've got the knowledge you need, you need to apply it! Teachers are more than happy to mark any responses students might complete in their revision time.

### Timings

Timings are *tight* in this paper!



Students need to keep an eye on the clock – a minute a mark. Timed responses at home would also support with this.

# A final word on Language...

## Attempt all questions

As a teacher, opening the exam paper and finding an empty script, is so sad.

It offers us no space to provide feedback, and students miss many marks.

It is better to attempt the question (even if you're unsure what to do) than not at all!

Some students ran out of steam and then didn't answer Q5 – the whopping 40 marker! Answering this question is absolutely vital to getting a grade.



# Ok...how can I ace Language then?

To conclude...

Have a game plan and go into the exam with confidence.

Take advantage of the lack of 'unknowns'



# Learning from the June Mocks: Literature

## 1) Answer the correct question.

Students need to turn the pages, until they find the texts we have studied in class!



### Literature Paper 1:

- An Inspector Calls
- Jekyll and Hyde

### Literature Paper 2:

- Romeo and Juliet
- Conflict poetry

# Learning from the June Mocks: Literature

## 2) Know your texts

### Re-read the texts

- Create a timeline of key plot points.
- Then, make one using only symbols to represent each key moment.
- Cover it up and try to recreate from memory.

Mr Utterson  
learns that Hyde  
'trampled calmly'  
on a young girl

Mr Utterson  
seeks out Mr  
Hyde.

Dr Jekyll is having a dinner party  
and Utterson approaches him about  
the will

# DR JEKYLL AND MR HYDE- Plot summary.

Chapter 1: The Story of the Door



Chapter 2: The Search for Mr Hyde



Chapter 5: Incident of the  
Letter



Chapter 7: The Incident  
at the Window



Chapter 6: Remarkable  
Incident of Dr Lanyon.

Chapter 4: The Murder of Sir  
Danvers Carew

Chapter 3: Dr Jekyll Was  
Quite At Ease



Chapter 8: The Last Night

Chapter 9: Dr Lanyon's  
Narrative

Chapter 10: Dr Jekyll's  
Full Statement of the  
Case

**Turn and Talk:**  
Can you narrate the  
events of the  
novella?



# Learning from the June Mocks: Literature

## 3) View the homework as revision.



Homework is revision. It guides students towards revising and consolidating content.

The impact is clear: students who do their homework are better equipped with the knowledge to be able to access the questions.

# Learning from the June Mocks: Literature

## 4) Learn quotations



The extract-based questions offer an extract as a springboard. Ultimately, students are required to also analyse elsewhere. If they do not have references, or quotations from elsewhere, their mark is capped.

Use the quotation banks given, make Kahoots, write flashcards...

# Learning from the June Mocks: Literature

## 5) Zoom in on quotations



Once quotations are written down, students need to explore the effect of words/techniques within the quote, linking their ideas to their argument.

This suggests...

This implies...

This creates a sense of...

This highlights...

# Apply, Apply, Apply

- Most Literature essay questions will be on a character or theme.
- They will loosely follow this structure: ***How does [insert writer's name here] present [insert character/theme here] in the text?***
- You can generate essay titles using this skeleton. For example:
  - How does Shakespeare present love in 'Romeo and Juliet'?
  - How does Stevenson present duality in 'Jekyll and Hyde'?
  - How does [poet] present internal conflict in \_\_\_\_\_?
- **\*Remember,** some questions will give you an extract/text to use. For extract-based questions, you can choose any page in the text at random and base a question on this, or ask your teacher for a suggested section.

# What's coming up?

- November mocks: Jekyll and Hyde/An Inspector Calls and Language Paper 1.
- Speaking and Listening Assessment (and Language Paper 2 revision!)
- By January, all new content will be completed so revision will begin!
- February mocks: Romeo and Juliet/Poetry and Language Paper 2.
- February – May: Revision

# What can parents do to support?

- Discuss the texts/quiz quotations with students
- Ensure they have their homework booklets, and other revision resources
- Little and often revision chunks
- Timed responses
- Get in touch if you have any questions – I am so happy to help!
- Re-read the literature texts with them – you could even buy the audio and listen to it in the car!
- If an intervention is on their timetable, encourage them to go!

# Maths

- What to expect
- The workbook and homework schedule
- How to revise

## GCSE Maths

Consists of 3 papers.

Paper 1 – Non-Calculator – 1hr 30mins

Paper 2 – Calculator – 1hr 30mins

Paper 3 – Calculator – 1hr 30mins

Each paper is out of 80 marks, your overall score out of the 3 papers (240 marks) will determine your grade.

<b>Foundation</b> (grades 1-5)	<b>Paper 1</b> Non-calculator 33.3% weighting 1 hour and 30 minutes 80 marks 	<b>Paper 2</b> Calculator 33.3% weighting 1 hour and 30 minutes 80 marks 	<b>Paper 3</b> Calculator 33.3% weighting 1 hour and 30 minutes 80 marks 
<b>Higher</b> (grades 4-9)	<b>Paper 1</b> Non-calculator 33.3% weighting 1 hour and 30 minutes 80 marks 	<b>Paper 2</b> Calculator 33.3% weighting 1 hour and 30 minutes 80 marks 	<b>Paper 3</b> Calculator 33.3% weighting 1 hour and 30 minutes 80 marks 



## Mock Exams

Paper 1 (non-calc) - Thursday 7th November (pm)

Paper 2 (Calculator) – Tuesday 12th November (pm)

Paper 3 (Calculator) – Tuesday 19th November (am)

Please note there are certain topics which will not have been covered in class yet – these will be shared with you.

We don't recommend revising for these too soon, instead those questions will be swapped out for a different topic of similar difficulty but already covered in the SoL.

## Equipment

Clear pencil case

Casio fx-85gt Scientific Calculator

Black Pen x 2

Pencil

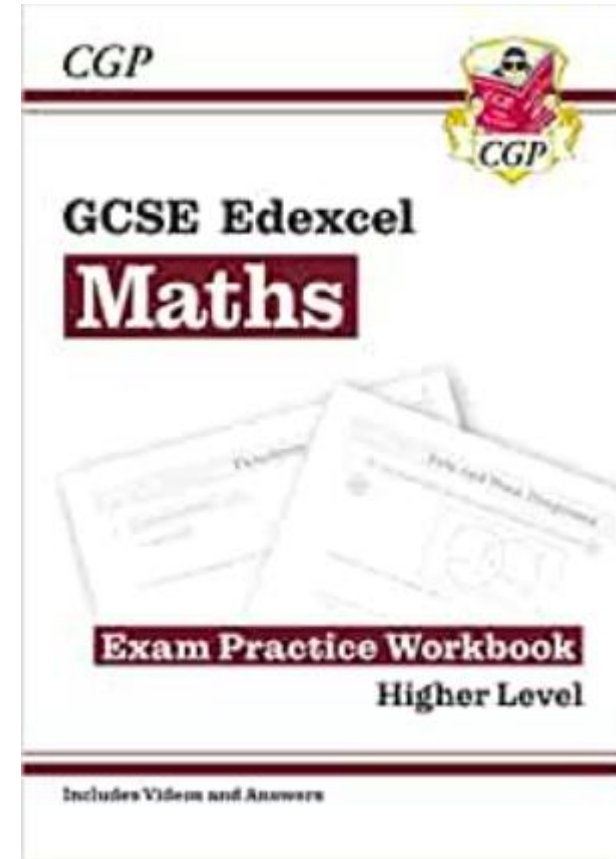
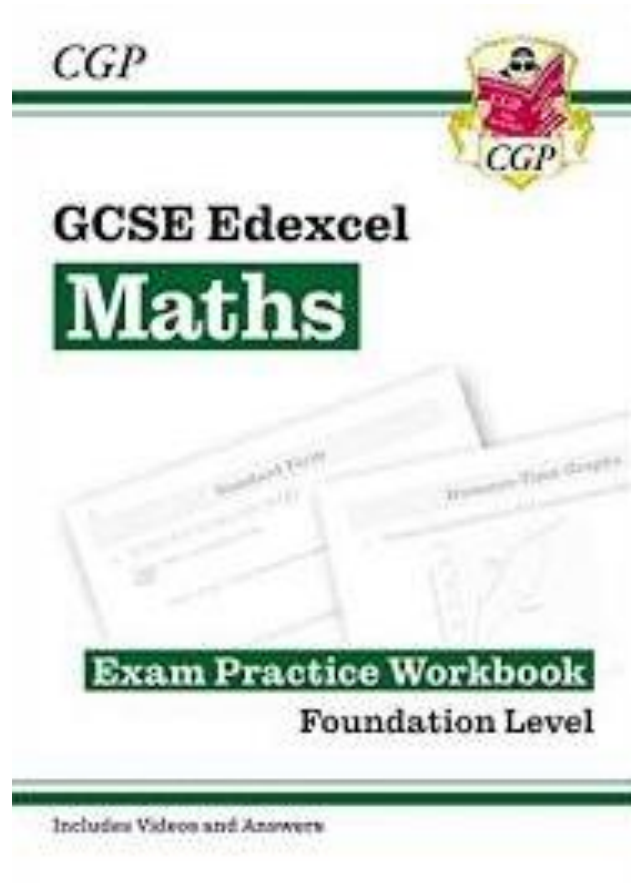
Ruler

Rubber

Compass

Protractor

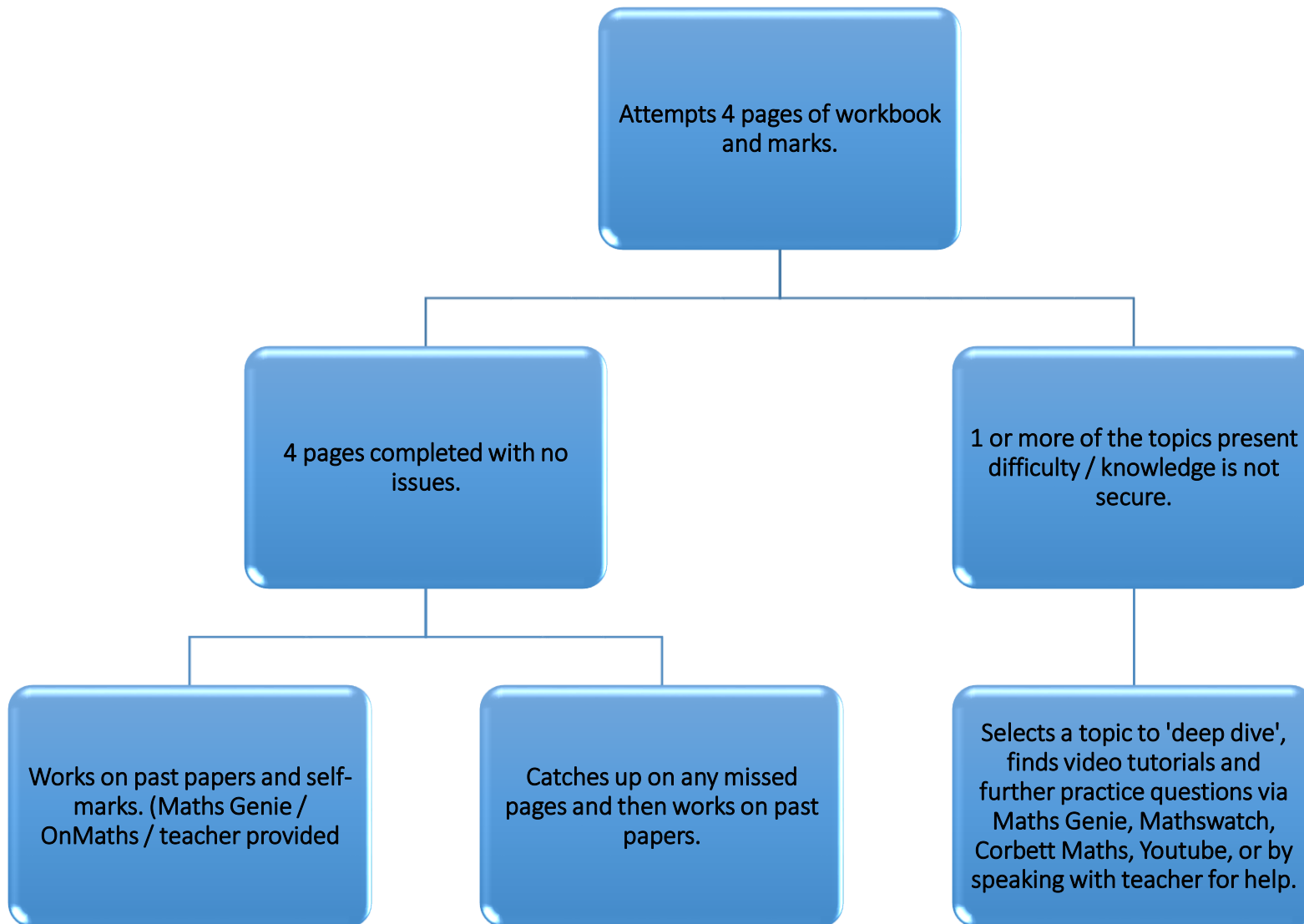




 Y11 Revision Homework Schedule 24-25.xlsx


07/10/2024	probability experiments	94	tree diagrams	97	pythagoras	85	trigonometry	86
14/10/2024	quadratic formula	24	cumulative frequency	105	similar shapes	72	iterative methods	32
21/10/2024 (HT)	Practice paper 1	111						
04/11/2024	<b>Mock Revision - Maths Genie/OnMaths</b>							
11/11/2024								
18/11/2024	Sine and Cosine Rules	87	direct and inverse proportion	54	manipulating surds	18	pressure	63
25/11/2024	functions	37	standard form	12	quadratic graph	40	density	62
02/12/2024	polygons	66	Histograms	107	transaformations	73	circle geometry	68
09/12/2024	mean median mode range	102	box plots	104	sets and venn diagrams	99	grouped frequency tables	103
Christmas Homework	<b>Independent Revision - Maths Genie/OnMaths</b>							
Christmas Homework								
Christmas Homework								
06/01/2025	Histograms	107	real life graphs	47	plans and elevations (projection	81	enlargements	80
13/01/2025	perimeter and area	75	geometry	64	solving equations	19	LCM HCF	5
20/01/2025	3D pythagoras and trigonometry	89	3D pythagoras and trigonometry	89	3d shapes surface area volume	77	fractions	6
27/01/2025	loci and construction	82	distance time graph	48	gradient of curve	50	proof	36
03/02/2025	algebraic fractions	26	velocity time graph	49	graph transformation	45	compound growth and decay	59
10/02/2025	congruent shapes	71	bearings	84	powers and roots	15		
17/02/2025 (HT)	Practice paper 2	124						
24/02/2025	<b>Mock Revision - Maths Genie/OnMaths</b>							

# A typical week of maths revision:



**MATH**  
IS NOT A SPECTATOR SPORT  
THE ONLY WAY  
TO LEARN MATH  
IS TO DO MATH

## GCSE Revision

### Grade 1

Videos	Exam Questions	Exam Questions Booklet	Solutions
<a href="#">Addition and Subtraction</a>	<a href="#">Exam Questions</a>	<a href="#">Addition and Subtraction</a>	<a href="#">Solutions</a>
<a href="#">Multiplication and Division</a>	<a href="#">Exam Questions</a>	<a href="#">Multiplication and Division</a>	<a href="#">Solutions</a>
<a href="#">Time</a>	<a href="#">Exam Questions</a>	<a href="#">Time</a>	<a href="#">Solutions</a>
<a href="#">Writing, Simplifying and Ordering Fractions</a>	<a href="#">Exam Questions</a>	<a href="#">Writing, Simplifying and Ordering Fractions</a>	<a href="#">Solutions</a>
<a href="#">Place Value</a>	<a href="#">Exam Questions</a>	<a href="#">Place Value</a>	<a href="#">Solutions</a>
<a href="#">Rounding</a>	<a href="#">Exam Questions</a>	<a href="#">Rounding</a>	<a href="#">Solutions</a>
<a href="#">Negative Numbers</a>	<a href="#">Exam Questions</a>	<a href="#">Negative Numbers</a>	<a href="#">Solutions</a>
<a href="#">Powers and Roots</a>	<a href="#">Exam Questions</a>	<a href="#">Powers and Roots</a>	<a href="#">Solutions</a>
<a href="#">BIDMAS</a>	<a href="#">Exam Questions</a>	<a href="#">The Order of Operations</a>	<a href="#">Solutions</a>
<a href="#">Factors and Multiples</a>	<a href="#">Exam Questions</a>	<a href="#">Factors, Multiples and Primes</a>	<a href="#">Solutions</a>

Edexcel Exam Papers

OCR Exam Papers






















AQA Exam Papers

## Edexcel GCSE Exam Papers

Pearson takes no responsibility whatsoever for the accuracy or method of working in the answers given.

### Grade Boundaries

## Foundation GCSE Exam Papers

Paper	Answers
<a href="#">November 2021 Paper 1</a>	  
<a href="#">November 2021 Paper 2</a>	  
<a href="#">November 2021 Paper 3</a>	  
<a href="#">2020 Paper 1</a>	  
<a href="#">2020 Paper 2</a>	  
<a href="#">2020 Paper 3</a>	  
<a href="#">November 2019 Paper 1</a>	  

# Year 11 – Science information



- What's on the exam?
- Required practicals
- Physics equations
- How to revise science
- Where to find information





# What's on the 6 exams?

Biology

**Paper 1 (1-4) Paper 2 (5-7)**

Chemistry

**Paper 1 (1-5) Paper 2 (6-10)**

Physics

**Paper 1 (1-4) Paper 2 (5-7 or 5-8) P8 only for Separate Science**

# How is your grade calculated?

## Combined Science (AQA Trilogy)

- 6 papers
- 1hr 15mins each
- 70 marks per paper
- Your score out of 420 will determine your grades

## Separate Science

- 2 papers per science
- 1hr 45 mins each
- 100 marks per paper
- Your score out of 200 will determine each of your 3 grades

# Required practicals

- Students can practice these using the simulation software (Focus Learning)
- <http://www.focuselearning.co.uk/u/4520/pEDFBgoArrsDglviBcAhlwoChiBflmzAk>
- There are a small number that will be included in each paper
- Students may be asked to describe the method, how to analyse the data or where mistake might have occurred amongst other points, so they really need to know them very well

Introduction



AQA

Combined science



Preparation of copper sulfate

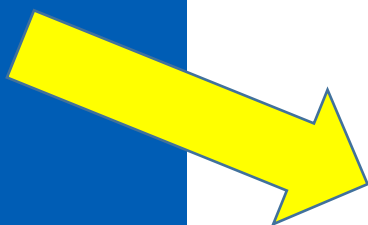
Rates of reaction

Separation techniques

Electrolysis

Temperature changes during neutralisation

Water purification



Biology Required Practicals



Chemistry Required Practicals



Physics Required Practicals

Chromatography

Distillation

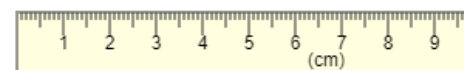
Chromatography

Step 1.

Draw a horizontal line across the paper near to the bottom.



← chromatography paper or filter paper



Experiment

Video

# How to revise science – make it active and break it down!

- There are a lot of facts to remember for the science papers
- Flashcards are a good place to start
- Key idea or word on one side – definition on the other
- Keep testing yourself or ask someone else to test you (even better)
- Students then need to put the knowledge into action – this should be done by completing past paper questions which are available on Teams
- The papers cover a huge breadth of content – make sure you have done a little bit of everything!

# Physics equations

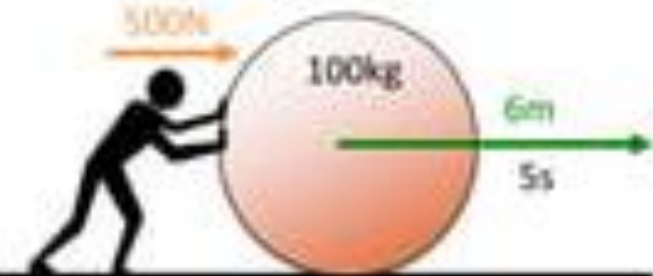
- Need to be learnt!
- Plenty of resources on Teams
- Focus learning
- Equations test

$$\text{Work} = \text{Force} \times \text{Distance}$$

$$\begin{aligned}\text{Work} &= 500\text{N} \times 0\text{m} \\ &= 0\text{J}\end{aligned}$$

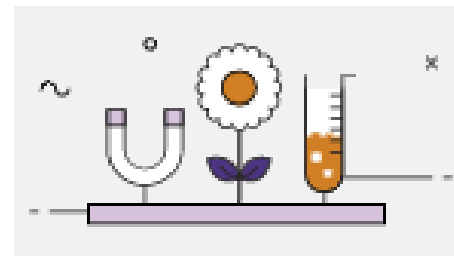


$$\begin{aligned}\text{Work} &= 500\text{N} \times 6\text{m} \\ &= 3000\text{J} \text{ (3kJ)}\end{aligned}$$

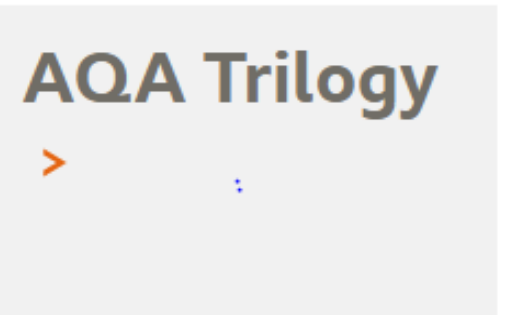


# Where to go to for more help

- Seneca <https://senecalearning.com/en-GB/>
- [GCSE Revision Help and Study Tools - 146,780 GCSE resources \(getrevising.co.uk\)](https://www.getrevising.co.uk/)
- Purchase a CGP revision guide & workbook– available for all pathways
- BBC bitesize – Separate science (biology, chemistry, physics single science)



Combined Science



# Languages

Students have been set a homework assignment on Teams with information on how best to revise for the four exams:

Speaking

Writing

Reading

Listening

Please encourage students to revise little and often, this is the best way to gain confidence in a language!

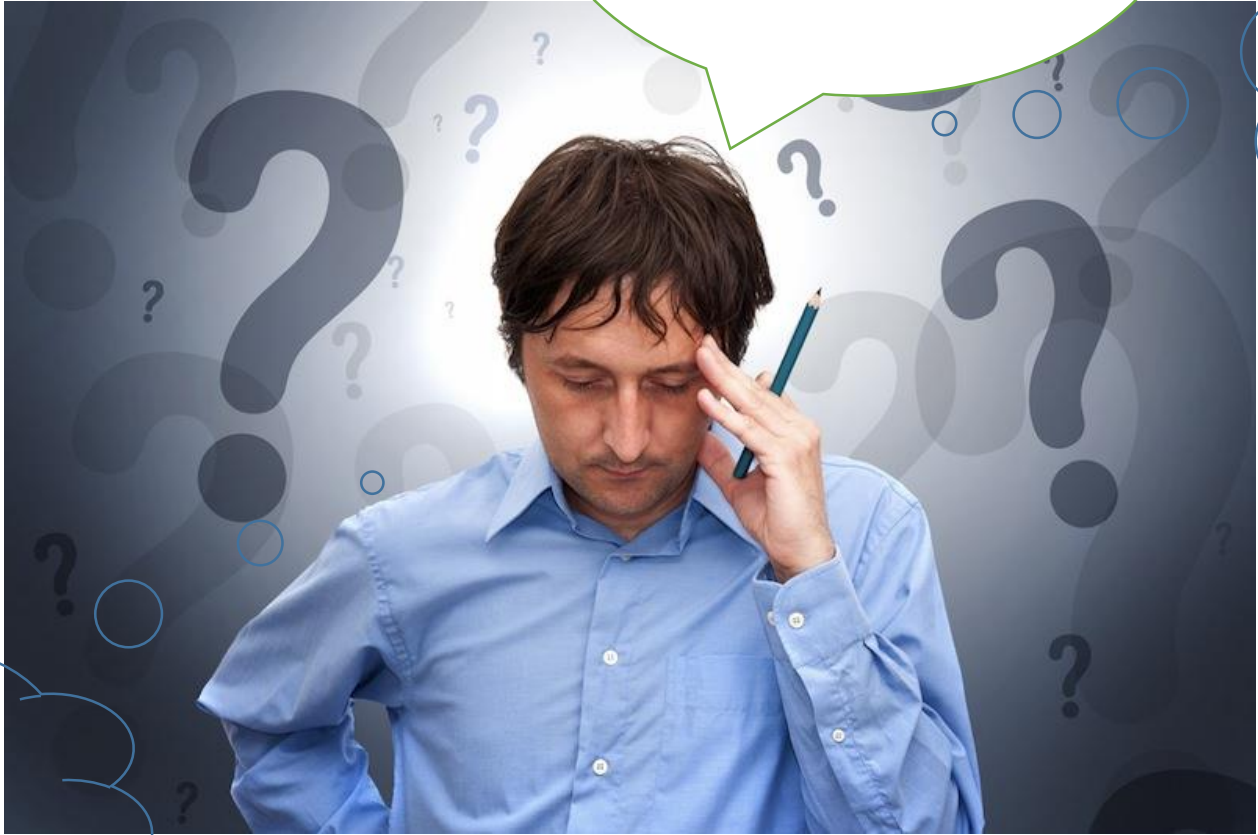


# Year 11 Mock Preparation Evening: Supporting your Child through Revision and GCSEs



I don't understand these grades – what do they mean?

He's always panicking, but when I try to help it ends in an argument!



She's always got an excuse – I don't know what to believe.

I didn't even do GCSEs, how do I help?

There are a million websites to help, but how do you know which are any good?

## How the new grades compare with the old ones

Old grades	New grades
A*	9
A	8
B	7
C	6
	5 STRONG PASS
	4 STANDARD PASS
D	3
E	2
F	1
G	1
U	U

# Partnership

Witchford Village College 



**YOU!**

*We make the biggest difference if we work together*

# Make studying active

**Notebooks**

**Folders**

**Post-it Notes**

**Study guides**

**A quiet, tidy area to study**

# Chunk Revision — Work, rest and play



**Revise**

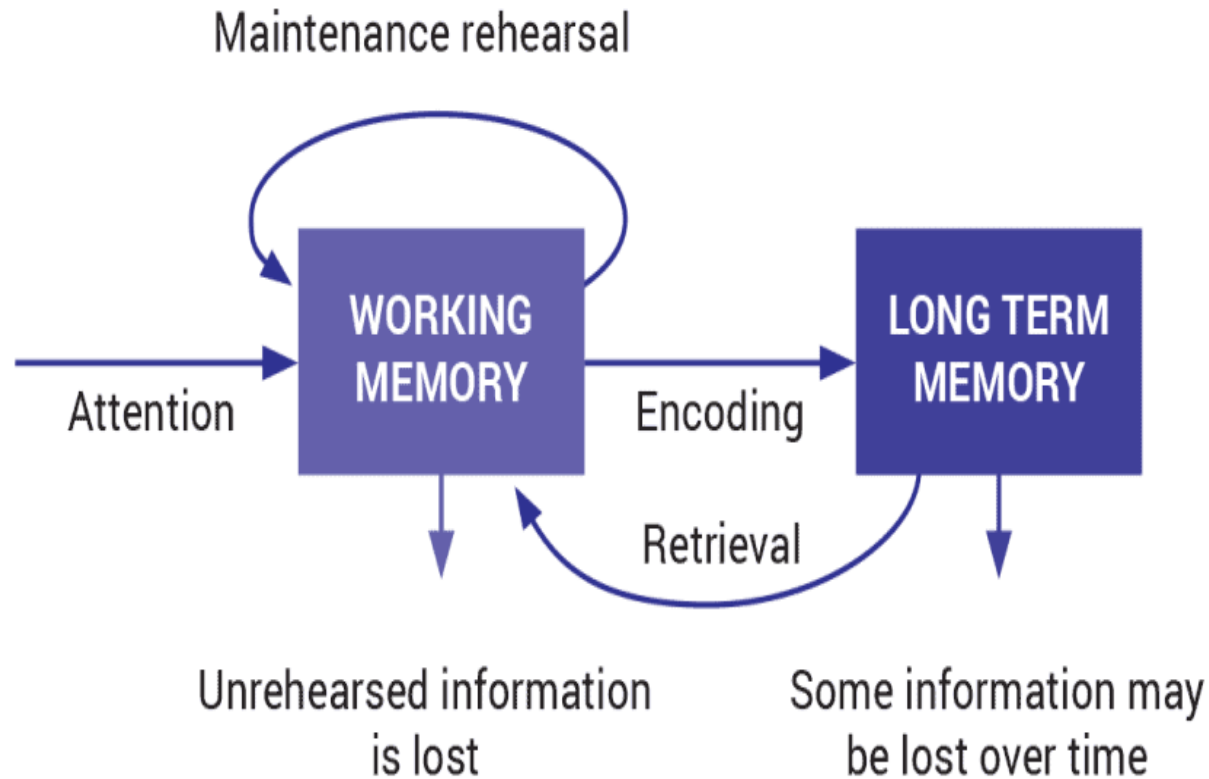


**Review**



*We make the biggest difference if we work together*

FIGURE 1: Basic diagram of the human memory as relevant to education



*We make the biggest difference if we work together*

- **Revise** – Make notes in your preferred learning style
- **Repeat** – Go through everything again, concentrating on what you still don't understand
- **Review** – Every week, spend some time going through everything you've done in the past week

Click to add text

*We make the biggest difference if we work together*



# Planning Revision

Day	P1 8:50 – 10:30	P2 10:55 – 12:35	P3 1:05 – 2:45	P4 3:00 – 4:00 <small>(revision/Intervention)</small>	4:00 – 5:00 <small>Travelling home and downtime</small>	5:00 – 6:00	6:00 – 7:30 <small>Homework</small>	7:30 – 8:00 <small>Revision</small>	8:30 – 9:00 <small>Revision</small>	9:00 – 10:00
Monday					Break	Free time	Maths English	Biology	Geography	Relax
Tuesday	School Day			English	Break	Free time	Chemistry History	Maths	English	Relax
Wednesday				Geography	Break	Free time	Physics Biology	History	Chemistry	Relax
Thursday					Break	Free time	Art Geography	English	Art	Relax
Friday					Break	Free time	English	Physics	Option	Relax
Saturday				Lay-in	Football	Science	English	Break	Free time	Free time
Sunday	Lay-in	Football	History	Maths	Break	Geography	Art	Relax	Relax	Relax

*We make the biggest difference if we work together*

# Planning Revision

Weekly Revision Timetable

Name: \_\_\_\_\_

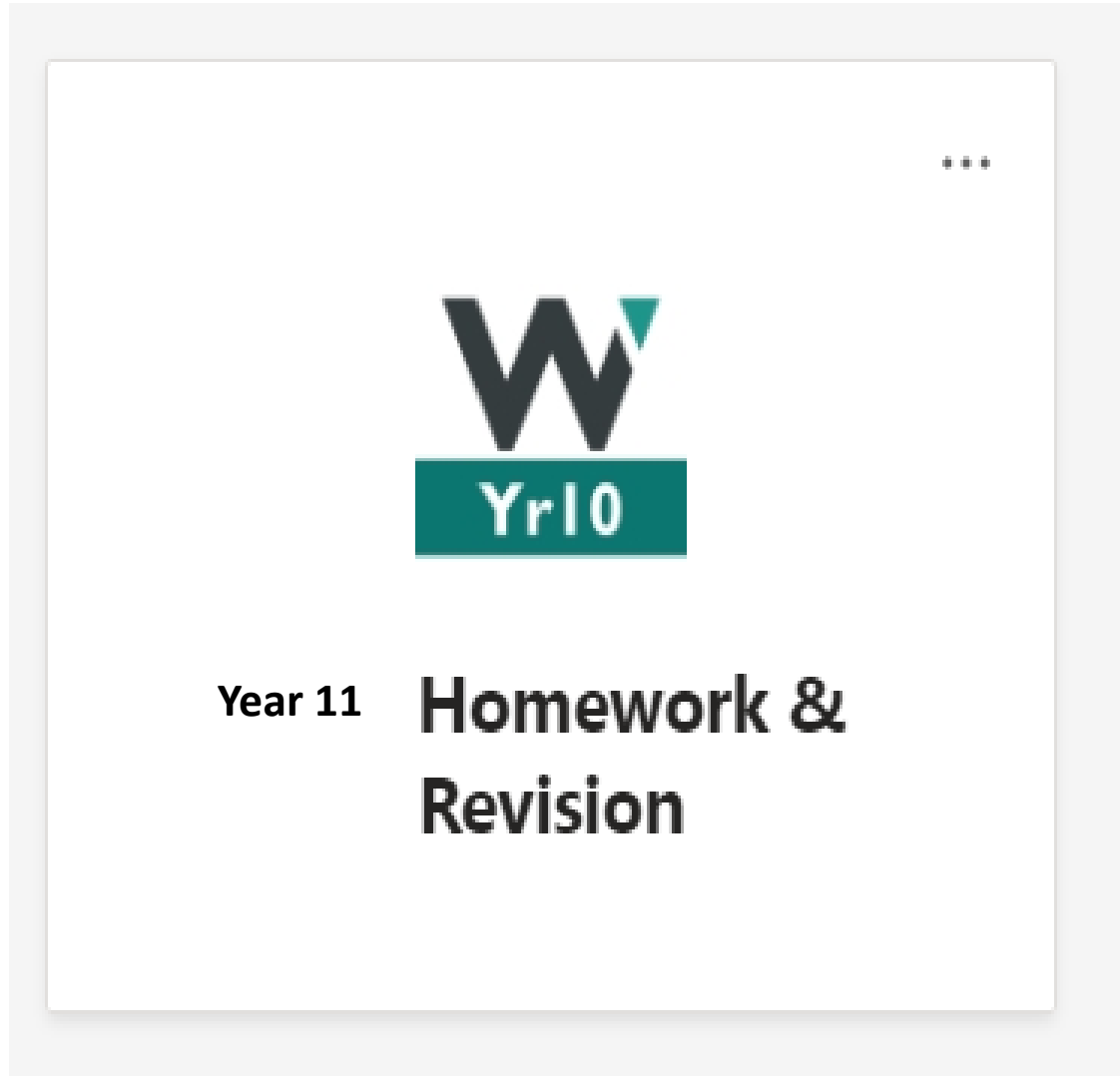
+

Day	P1 8:50 – 10:30	P2 10:55 – 12:35	P3 1:05 – 2:45	P4 3:00 – 4:00 <small>(revision/Intervention)</small>	4:00 – 5:00 <small>Travelling home and downtime</small>	5:00 – 6:00	6:00 – 7:30 <small>Homework</small>	7:30 – 8:00 <small>Revision</small>	8:30 – 9:00 <small>Revision</small>	9:00 – 10:00	
Monday											
Tuesday	<b>School Day</b>										
Wednesday											
Thursday											
Friday											
Saturday											
Sunday											

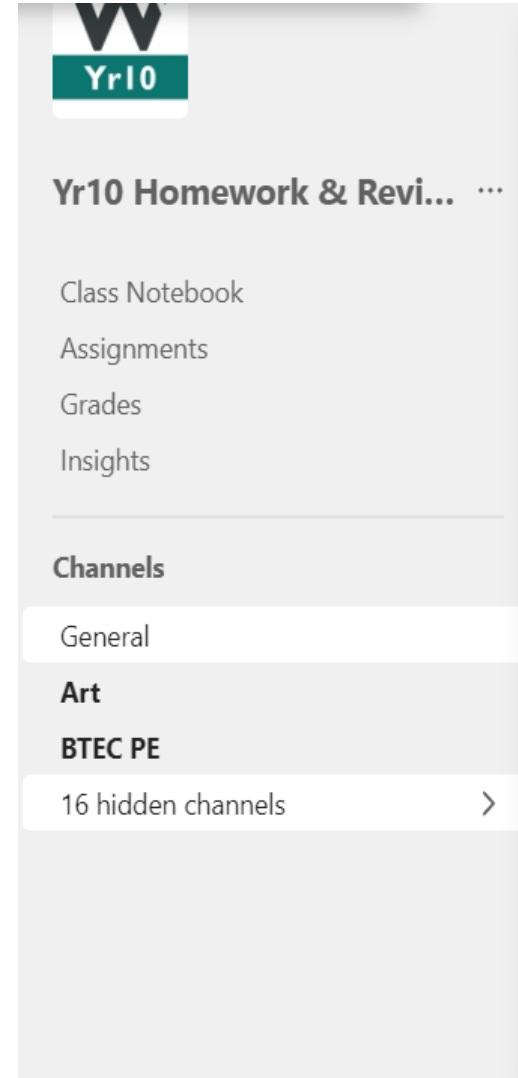
*\*\*\*Remember: make sure you give yourself breaks and allow time to relax and do the things you want to do and enjoy doing.*

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# Revision



A screenshot of a social media post. At the top right, there are three dots. In the center, there is a logo consisting of a stylized 'W' with a teal triangle above it, and a teal rectangle below it containing the text 'Yr10'. Below the logo, the text reads 'Year 11 Homework & Revision'.



A screenshot of a social media post. At the top left, there is a logo consisting of a stylized 'W' with a teal triangle above it, and a teal rectangle below it containing the text 'Yr10'. Below the logo, the text reads 'Yr10 Homework & Revi...'. Underneath, there is a list of items: 'Class Notebook', 'Assignments', 'Grades', and 'Insights'. Below this list is a section titled 'Channels' with a scrollable list containing 'General', 'Art', 'BTEC PE', and '16 hidden channels' with a right-pointing arrow.

## Yr10 Homework & Revision

Computer Science

Dance

Drama

English

Film

French

Geography

Health and Social Care

History

Maths - Foundation

Maths - Higher

Music

PE GSCE

Photography

Science

Spanish

# Pre-exam Routine

- Go straight to the gym on arrival to school
- There will be a seating plan on the wall
- At 8.50 /12.50 – you will be allowed in to your respective room row by row.
- The Hub
- IT1 for the pupils requiring computers
- IT2 for pupils' bags.
- Exam Room 1 for those who need to be in a separate room plus a few extra timers.
- Exam Room 2 and 3 for pupils who have readers – The Tub

## Lessons Learnt?

- Revise – this cannot be avoided, so don't delay
- Take these seriously – they will go towards the grades submitted to post 16 applications
- Enter the exam hall in the right state of mind – calm and collected
- Listen – you will be receiving a briefing from Heads of Department with important information
- Enter the gym in the right state of mind – calm and collected
- Do not panic – this really is wasted energy
- Have your equipment ready – you know what you need so take responsibility
- Trust us to support you – missed exams or any issue can be sorted if you make us aware?

*We make the biggest difference if we work together*



Questions

